

## People at High Risk for Flu Complications:

Chronic diseases or conditions that weaken the immune system include:

- Cancer
- Blood disorders (including sickle cell disease)
- Chronic lung disease [such as asthma or chronic obstructive pulmonary disease (COPD)]
- Diabetes
- Heart disease
- Kidney disorders
- Liver disorders
- Neurological disorders (such as epilepsy, cerebral palsy, brain or spinal cord injuries, moderate to profound intellectual disability [mental retardation] or developmental delay)
- Neuromuscular disorders (such as muscular dystrophy and multiple sclerosis)
- Weakened immune systems (such as people with HIV or AIDS or who are on medications that weaken the immune system )